



*“I have greatly enjoyed my time spent at Maria College. It not only gave me the education I needed to pursue my career goals but the confidence and people skills as well.”* —Meghan McDermott,  
Certificate in Gerontology/  
Liberal Arts 2010

Certificate Program

# GERONTOLOGY

**T**he Gerontology Certificate Program provides an overview of the aging process for professionals and paraprofessionals employed in the delivery of services to the aged, for those who hope to enter the field, for allied health students who will be working with this population, and for any wishing to gain knowledge of the aging process.

**Note: 6 elective credits are required.**

## Sample Curriculum

### Required Courses • Total Credits 6

CODE	COURSE NAME	CREDIT HOURS
Grn 101	Introduction to Gerontology	3
3 credit hours (Fall-Spring) <b>Cross listed as Soc 105.</b> An interdisciplinary approach to the study of aging, this course is designed to provide a basic understanding of the aging process and an overview of the major issues in Gerontology.		

Grn 106	Elderly Care Services	3
3 credit hours (Spring) <b>Cross listed as Soc 106.</b> An introduction to the care of the elderly in our modern society. The course will focus on historical background and development of services, demographics and assessment of programs.		

### Elective Courses • Total Credits 12

CODE	COURSE NAME	CREDIT HOURS
Grn 102	Nutrition of Aging	1
1 credit hour (Fall-Spring) An overview of the physiological, social and environmental status of older adults. Includes the nutritional requirements of persons 65 and over, food and feeding problems associated with aging, and resources available to help meet the nutritional needs of this diverse population.		

CODE	COURSE NAME	CREDIT HOURS
Grn 103	Alzheimer’s Disease	1–2
1-2 credit hours (Fall-Spring) A study of Alzheimer’s disease, focusing on the magnitude, pathology, progression, treatment and interventions of the disease.		
Grn 104	Social Problems of the Elderly	3
3 credit hours (Spring) <b>Cross listed as Soc 104.</b> Examination of selected current social problems of the elderly in the United States, such as alcoholism and other addictions, crime and the elderly, depression, elder abuse and other pertinent issues. Analysis of the issues, as well as treatment of these problems, will be studied.		
Grn 105	Health of Aging	1
1 credit hour (Fall-Spring) <b>Cross listed as Soc 108.</b> A study of the various issues regarding health and aging. Development theory, normal age changes, prevalent diseases of the elderly and society’s view of health and aging will be studied and analyzed.		
Grn 107	Sociology of Work and Leisure	1
1 credit hour (Spring) <b>Cross listed as Soc 107.</b> An exploration of various options of understanding leisure and its role in our present lives and as we age.		
Grn 110	Diversity of Aging	2
2 credit hours <b>Cross listed as Soc 110.</b> This course is designed to provide a basic understanding of the aging process within the context of specific diverse groups in our population, both historically and at the current time.		
Psy 209	Psychology of Aging	3

### For Specific Program Information Contact:

**Sister Virginia Sposito, RSM, MA**  
**Gerontology Program Director**

Phone: (518) 438-3111, ext. 236  
Email: ginnys@mariacollege.edu