



# The Washroom Post

A continuing resource for community support and advocacy.

## Issue 6, October 2017

### Domestic Violence Awareness

The National Coalition Against Domestic Violence (NCADV) defines domestic violence as the willful intimidation, physical assault, battery, sexual assault, and/or other abusive behavior by one intimate partner against another.<sup>1</sup>

Domestic violence (D.V.) crosses all ethnic, social, and economic levels. Abusers and victims are not confined to any single gender expression.

### Warning Signs of Emotional Abuse

*Does your partner:*

- Insist on making all decisions?
- Put you down?
- Discourage you from going out?
- Act irrationally possessive or jealous?
- Make threats against you?
- Blame you for his/her own behavior?

### Is a friend or coworker at risk?

*Does he or she:*

- Constantly check in with his/her partner?
- Frequently brush injuries off as accidents?
- Have consistently low self-esteem?
- Have limited access to money, friends, family or transportation?
- Wear clothing that might be used to hide injuries?

<sup>1</sup>. <https://ncadv.org/learn-more>

### Seek Help Before Situations Escalate

For anonymous, confidential help call the National Domestic Violence Hotline at:  
**1-800-799-7233 (SAFE)**

Participate in Maria's Domestic Violence Awareness Week:

10/23

**Purple Hands Campaign, 10am, Marian Hall  
D.V. In Our Communities, 4pm, Mercy Hall**

10/24

**R.A.D. Training, 4:30pm, Main 110**

10/25

**D.V. In Our Communities, 4pm, Mercy Hall**

10/26

**Health and Volunteer Fair, 3pm, Marian Hall**

10/27

**Purple Friday, Maria Campus**

Pledge against domestic violence using

**#MariaAgainstDV**

Ann Reis | [areis@mariacollege.edu](mailto:areis@mariacollege.edu)  
(518) 861-2598

**Title IX Coordinator**

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**Deputy Title IX Coordinators**

**Maria's Anonymous Hotline: 518-514-7050**

**MARIA**  
COLLEGE

**Have Questions?**

Learn more online: [www.mariacollege.edu/Title-IX-Policy](http://www.mariacollege.edu/Title-IX-Policy)  
Email: [titleIX@mariacollege.edu](mailto:titleIX@mariacollege.edu)



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