



MONDAY MINUTES

WEEKLY NEWS UPDATE

Maria College is closed on President's Day
Monday, February 19

FEB
19-25



Tragedy in Parkland, Florida *Thoughts, prayers and action.*

Our thoughts and prayers are with the victims, family and school community who have suffered as a result of the violence in Florida. We stand with the Sisters of Mercy of the Americas and the Conference for Mercy Higher Education in holding firm to our commitment to non-violence.

In a public statement on this tragedy the Sisters of Mercy of the Americas stated:

"...we acknowledge that our prayer alone is not enough. Our faith and Mercy tradition call us to unceasingly decry the industries, systems and culture that enable this terrible hate and violence...The Sisters of Mercy believe in the goodness of humanity and in our collective power to act out of love for neighbor and community."

During this Lenten season, let's make a particular effort and sacrifice to act out of love for the good of the human and cosmic community. For more information, please contact mission@mariacollege.edu.

Lenten Reflections 2018

Week 2: Mercy

In this week's Lenten reflection, Patricia Cook RSM shares a reflection on the mercy of Jesus—that even on a cross he offers an invitation to join him in paradise. Sr. Cook challenges us by saying, "We can't do everything, but we can do something, and we can do it today." [Click here](#) to read the full reflection.



Vanguard Award

Congratulations Joseph Aklassougana, AAS Nursing student at Maria College for being chosen to receive the Vanguard Award. This award recognizes outstanding post-secondary level students who are enrolled in career and technical education (CTE) programs that prepare them for careers that are not traditional for their gender. Please [click here](#) to read more about his inspiring journey.



Walk-in Hours: Office of the Dean of Students

Students are encouraged to visit the Office of the Dean of Students during walk-in hours for questions or conversation.

Victoria Battell RSM, Vice President of Mission, Planning, Student Affairs | Dean of Students

Frank E. O'Brien Jr. Student Support Center
Tuesday, February 20 | 10:30am-12:30pm

Andrew Ledoux, Associate Dean of Students

Frank E. O'Brien Jr. Student Support Center
Wednesday, February 21 | 10:30am-12:30pm



Times Union Healthcare Career Fair Tuesday, February 20 | 2pm-6pm Albany Marriott, Wolf Road

The Times Union will be hosting their Healthcare Career Fair tomorrow. Students are invited to accompany Career Services (2pm-5pm) to network with the over 40 businesses (registered to date). Participants are encouraged to, "dress to impress" and also bring a current resume.

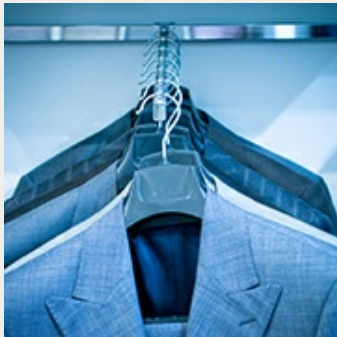
If you are interested in participating, please contact [Adrienne Rickson](#), Director of Career Services. [Click here](#) for more information.

Healthy Relationships Workshop Wednesday, February 21 | 5:15pm-6pm



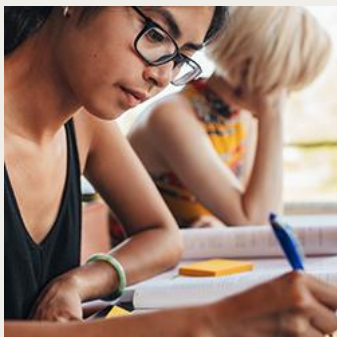
Main Building, Room 109

February is Heart Health Awareness Month. Feed your heart by joining in on an important conversation about the characteristics of healthy relationships with representatives from the Crime Victim and Sexual Violence Center and the Office of Student Affairs. Contact [Jillian Mertzlufft](#) or [Andrew Ledoux](#) for more information.



Rensselaer County Job & Resource Fair Wednesday, February 21 | 1pm-4pm Flannigan Square, Troy, NY

Students are invited to accompany Career Services from 2:30pm-4pm at Flannigan Square (4th Floor Conference Room, 547 River Street, Troy, NY 12180) to network with organizations. Students are encouraged to, "dress to impress" and bring a current resume. If you are interested in attending, contact [Adrienne Rickson](#), Director of Career Services.



Upcoming TEAS Exam Dates February 22 | March 1 & 8 | 10am-2pm

Maria College requires that all students with an intent for the Practical Nursing Certificate (PNC) or Associate's Degree in Nursing complete the "TEAS"—Test of Essential Academic Skills—at a required level in order to be admitted into their program. [Click here for more information.](#)



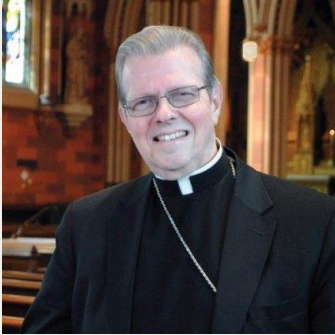
Maria College Blood Pressure Clinics Saturday, February 24 | 12pm-2pm Marian Hall, Fitzgerald Court

It's Heart Health Awareness Month! Have your blood pressure checked conveniently on campus. PNC students will be offering free blood pressure screenings on February 24.



Career Services Employability Workshops Tuesday, February 27 | 1pm-3pm Marian Hall, Room 111

Career Services will present a workshop series on resume building, College Central Network and interviewing. First come, first serve: [Register at WC Online.](#) Complete the resume template for your entry ticket. More details will be sent by Adrienne Rickson.



Lenten Mass Wednesday, February 28 | 11:30am Marian Hall, Fitzgerald Court

Albany Bishop Edward Scharfenberger, DD will celebrate Lenten mass on February 28 at 11:30am in Fitzgerald Court. All are welcome.



Video Contest: #makemercyreal Deadline: March 1, 2018

You are invited to submit a video for the 2018 #MakeMercyReal Video Contest! Mercy students tell the story through video of how people in their communities "make mercy real"- living out the Sisters of Mercy's Critical Concerns. [Click here](#) for more information.



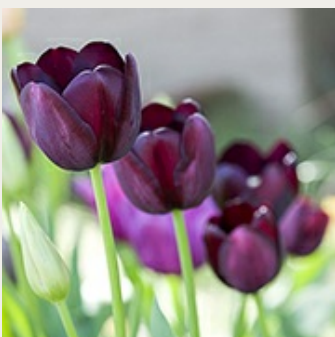
General Studies with Intent for Nursing Deadline: March 2, 2018

Submit your [Change of Status](#) to [Laurie Gilmore](#), Director of Academic Advisement (Marian Hall, Room 205) by Friday, March 2. [Click here](#) for more information.



Career Success: Professional Attire Fashion Show Event Thursday, March 22 | 2pm-6pm Marian Hall, Fitzgerald Court

Career Services and Mission Accomplished (Carmen Duncan '05 is the founder and Chief Coach) will be displaying proper interview and professional dress attire at the upcoming 'Dress for the Interview' presentation. To learn more click [here](#) or contact [Adrienne Rickson](#), Director of Career Services.



Albany Tulip Queen & Court Deadline: April 2, 2018

The Tulip Queen and Court are Albany's vibrant ambassadors attending community functions, promoting education and coordinating programs for the Mayor's literacy campaign throughout their year of reign. [Click here](#) to learn more or nominate someone.

Women's Leadership Summit



Saturday, April 7 | 8am-4pm Marriott Renaissance Hotel, Albany

This event is geared towards college students looking for resources, those interested in starting a business, those wanting to write a book, those wanting to learn about activism, and those wanting to turn a corner in their life. Victoria Battell RSM, Maria Vice President of Mission, Planning, Student Affairs | Dean of Students will be on the speaker's panel facilitated by Elaine Houston, award winning journalist and anchor at News Channel 13. For more information [click here](#).

NEWS @ MARIA



Celebrating 60 Years of Mercy Education

On April 25, 1958, on behalf of the New York State Education Department, the Board of Regents granted a charter to found Maria College. This year is a celebratory milestone as we look back on how Maria has evolved over 60-years providing opportunity education in high demand careers to all who can benefit. More details will be following on events and activities planned for Maria's anniversary.



American Heart Month: February

Incorporating more exercise, increasing healthy eating habits, and engaging in stress relieving activities have a major impact on the health of your heart. Participate in spreading the word and continue to join us for this [28 day challenge](#) for [#AmericanHeartMonth!](#)



Calling All Soup Makers!

On Wednesdays during Lent (February 21, March 7, March 21, March 28), the Maria College Service and Hospitality Committee will be hosting lunch with homemade soups outside of the Maria Market Food Pantry in the Main Building for all members of the Maria College community. If you would like to participate by bringing a crock pot of your favorite soup (with recipe), please email [Anne Devlin](#).

Maria Market Food Pantry Main Building, Basement

Maria Market, the College's food pantry, is available to members of the campus community who are experiencing food insecurities. No appointment is



necessary, and the use of the service is anonymous and confidential.

The food pantry is open every Monday and Wednesday from 11:30am - 1:00pm. Access to the food pantry is also available through the Frank E. O'Brien Jr. Student Support Center at any time, even weekends. For more information, please contact [Anne Devlin](#) or [Andrew Ledoux](#).



Free Cancer Screening Series for Women

St. Peter's Health Partners and St. Mary's Hospital are hosting a cancer screening series. No-cost for mammograms and other screening tests are available for eligible, uninsured women age 40+. For more information and to make an appointment, please call (518) 525-8680. [Click here](#) to download flyer.



Georgian Court University A Call to Mercy

The Georgian Court University online certificate program in Mercy Spirituality combines formal academic coursework, spiritual reflection, and thoughtful dialogue with students and faculty from around the world. [Click here](#) for more information.



"All the great things are simple, and many can be expressed in a simple word: freedom, justice, honor, duty, mercy, hope."

--Winston Churchill

Mission & Values of Maria College

Maria is a Catholic college sponsored by the Sisters of Mercy and animated by the Mercy charism. It provides career-relevant, opportunity education in the context of the Catholic Intellectual Tradition to all who can benefit from it. Maria is committed to outstanding and holistic student support services, financial sustainability and the purposive use of evidence to drive institutional renewal and student success. Maria seeks to foster graduates who recognize and respect the dignity of every human person and who will transform their knowledge and skill into caring and compassionate service to others.



SERVICE . SCHOLARSHIP . JUSTICE . HOSPITALITY . DIVERSITY

Do you have an announcement to make, an event to promote or a reminder for the Maria community? Use this weekly news update, Monday Minutes, to have your message delivered by Monday morning.

[Click here to submit your story ideas!](#)

